

# The Trauma Center at Penn Presbyterian Medical Center

PRESENTS THE

## Penn Acute Care Education **VIRTUAL** CONFERENCE

Mindfulness and Resilience for  
Trauma and Critical Care Providers

**Wednesday, October 28, 2020**

8:00 am — 12:00 pm



Join us for our Fall Trauma and Critical Care virtual conference. This event will connect our healthcare provider community with experts in Mindfulness and Resilience for an online learning opportunity.

### **VIRTUAL** CONFERENCE

#### ▶ **BlueJeans Platform**

Conference link will be provided via email upon registration.

#### ▶ **[PennMedicine.org/PACEconference](https://PennMedicine.org/PACEconference)**

#### ▶ **For More Information**

Contact Penn Acute Care Education (PACE) at **215.760.7816**  
or **[PACETraining@pennmedicine.upenn.edu](mailto:PACETraining@pennmedicine.upenn.edu)**.

#### ▶ **PRESENTATION & GUIDED EXERCISE:**

##### **Mindfulness at Work**

**Michael Baime, MD**

Founder and Director, Penn Program for Mindfulness at the Perelman School of Medicine at the University of Pennsylvania

Director, Mind-Body Programs for the Abramson Cancer Center at Penn Medicine

#### ▶ **PRESENTATION:**

##### **Resilience for Trauma and Critical Care Providers**

**Faisal N. Khan MAPP, PCC**

Well-being Consultant and Executive Coach

Founder, 1ExtraordinaryLife

Assistant Instructor, Master of Applied Positive Psychology, University of Pennsylvania